

# August 1996 Community Calendar

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## EAGLE LAKE HEADLIGHT






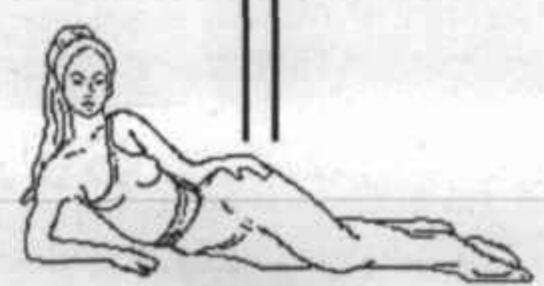

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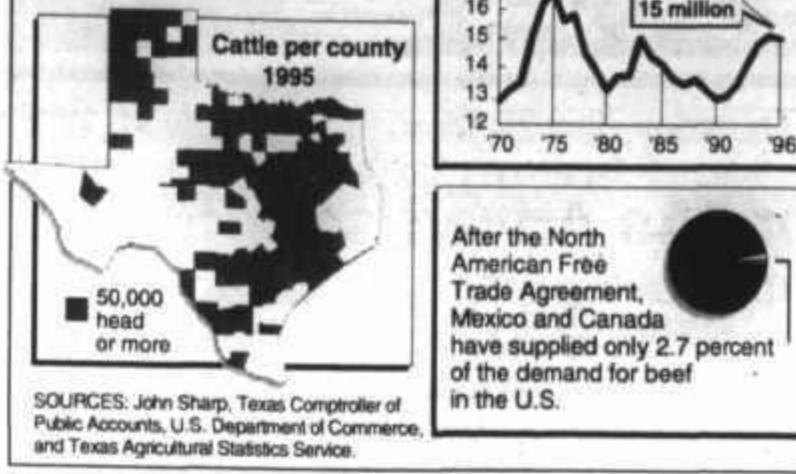
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SERVICES AVAILABLE</b>						
<p>Texas Driver's License renewal, 8 a.m.-noon and 1-5 p.m., 1119 Travis, rear entrance, 732-3451; testing: Monday only, 9 a.m.-4 p.m.</p> <p>Vehicle License Plate renewal, purchase: 8 a.m.-5 p.m., basement, Colorado County Courthouse, office of Mary Jane Poesch, county tax assessor-collector, 732-2710.</p> <p>Social Security: Department of Health and Human Resources, P.O. Box 646, Brenham, TX 77833.</p> <p>SCORE (Service Core of Retired Executives): For appointment, Columbus Chamber of Commerce, 732-5881.</p> <p>Texas Department of Public Welfare, Visits: Eagle Lake City Hall Council Room every Thursday, 9 a.m.-4:30 p.m.; main office: 1336 Fannin St., Columbus; Monday-Friday, 7 a.m.-5:30 p.m., 732-6231.</p> <p>WIC Program: Each Tuesday, 9 a.m.-4 p.m., Eagle Lake Medical Clinic, 700 S. McCarty, Eagle Lake. By Appointment only. For more information, 732-6390.</p>						
 <p><b>LEO</b> July 23 - Aug. 22</p>						
<p><b>4</b> Prairie Edge Museum Open 2-5 p.m. *****</p> <p>Coast Guard established, 1790</p>	<p><b>5</b> Martha Class Eagle Lake VFD practice, 7 p.m.</p> <p>St. Mary's 4-H, 7 p.m., Parish Hall, Nada</p> <p>Museum Board, 7 p.m., Prairie Edge Museum</p> <p>Outreach Bible Study, 7 p.m., 414 East B. Street</p> <p>Alpha Delta Phi, 7:30 p.m. Boy Scouts, 7:30 p.m., Scout Hut</p> <p>Alcoholics Anonymous, 8 p.m., hospital conference room</p> <p>English colony in New Foundland, 1583</p>	<p><b>6</b> PJ's Summer Program, Museum, 2 to 3:30 p.m.</p> <p>Cancer Support Group, GCMC room A, 3 p.m.</p> <p>Colorado County Democratic Club, 7 p.m.</p> <p>Colorado County Habitat for Humanity</p> <p>Xi Psi Psi, 7:30 p.m.</p> <p>Narcotics Anonymous, E.H. Henry Bldg., 8 p.m.</p> <p>Voicing Rights Act, 1965</p> <p style="text-align: center;">                       Last Quarter                 </p>	<p><b>7</b> Pilot Club executive board, noon meeting</p> <p>Eagle Lake Rotary Club, 12:10 p.m., Community Center</p> <p>PJ's Summer Program, Museum, 3:30 p.m.</p> <p>PJ's Summer Presentation, Museum, 5:30 p.m.</p> <p>First pictures of Earth from space, 1959</p>	<p><b>8</b> Practice begins for Rice football players, 8 a.m.</p> <p>Ministerial Alliance, 9 a.m., Hospital Board Room</p> <p>Eagle Lake Lions Club, noon, Community Center</p> <p>Sheridan Water Supply Corp., 6:30 p.m., Sheridan Community Center</p> <p>Cancer Support Group, GCMC room A, 7 p.m.</p> <p>VPW Post #8783, 7:30 p.m., KC Hall</p> <p>Eagle Lake Ambulance Corps, 7:30 p.m. Ambulance Hall</p> <p>Pioneer Venus launched, 1978</p>	<p><b>9</b> Masonic Lodge, 7:30 p.m., Masonic Hall</p> <p>Nixon resigned, 1974</p>	<p><b>10</b> Prairie Edge Museum Open 2-5 p.m. *****</p> <p>Japan surrendered, 1945</p>
<p><b>11</b> Prairie Edge Museum Open 2-5 p.m. *****</p> <p>OLG Men's Club Breakfast, Andrew Hall, after 7 a.m. Mass</p> <p>Dog days end</p>	<p><b>12</b> Commissioner's Court, 9 a.m., Courthouse</p> <p>Chamber of Commerce, noon, call 234-2780</p> <p>Rice 4-H Club, Mifewa's home, Eagle Lake</p> <p>Colorado County Children's Service Board, 4 p.m., Courthouse</p> <p>Eagle Lake VFD business meeting, 7 p.m., station</p> <p>Alzheimer's Support Group, 7 p.m., Mansfield Library, Columbus</p> <p>Dorcas Sunday School Class, 7 p.m.</p> <p>Outreach Bible Study, 7 p.m., 414 East B St.</p> <p>Rice CISD board, 7:30 p.m., Adm. Building (Continued at left)</p>	<p><b>13</b> WMU, 9:30 a.m., First Baptist Church, Sheridan</p> <p>Central Appraisal Dist. board, 1:30 p.m., Courthouse</p> <p>Extension Homemakers, 1:30 p.m.</p> <p>Eagle Lake City Council, 7:30 p.m., City Hall</p> <p>Narcotics Anonymous, E.H. Henry Bldg., 8 p.m.</p> <p>Berlin Wall went up, 1961</p> <p style="text-align: center;">                       New Moon                 </p>	<p><b>14</b> TOPS meeting, 9 a.m., June Mahalic's home</p> <p>First Baptist WMS, 9:30 a.m.</p> <p>Pilot Club, noon, business meeting</p> <p>Eagle Lake Rotary Club, 12:10 p.m., Community Center</p> <p>Colorado County Fair Assoc., 7 p.m. County Ag. Bldg., Columbus</p> <p>VJ Day, Atlantic Charter, 1941</p> <p style="text-align: center;">                       New Moon                 </p>	<p><b>15</b> BACK TO SCHOOL! Classes begin for Rice CISD students</p> <p>Colorado County Soil and Water Conservation District, 8 a.m., Ag. Bldg., Columbus</p> <p>Eagle Lake Lions Club, noon, Community Center</p> <p>Historical Commission, 7 p.m.</p> <p>Colorado-Fayette Nurses, 7:30 p.m., Columbus</p> <p>National Relaxation Day</p>	<p><b>16</b> Battle of Camden, 1780</p>	<p><b>17</b> Prairie Edge Museum Thrift Shop Open 9 a.m. to 2 p.m. *****</p> <p>Museum Open 2-5 p.m. *****</p> <p>Union shelled Fort Sumter, 1863</p>
<p><b>18</b> Prairie Edge Museum Open 2-5 p.m. *****</p> <p>US women allowed to vote, 1920</p>	<p><b>19</b> Alpha Delta Phi, 7:30 p.m.</p> <p>Eagle Lake VFD Ladies Auxiliary, 7:30 p.m.</p> <p>Boy Scouts, 7:30 p.m., Scout Hut</p> <p>MAYC meeting, 7:30 p.m., Town and Country</p> <p>Alcoholics Anonymous, 8 p.m., hospital conference room</p> <p>Hitler president of Germany, 1934</p>	<p><b>20</b> Cancer Support Group, GCMC room A, 3 p.m.</p> <p>Colorado County Horse Club, 7 p.m., Columbus</p> <p>Xi Psi Psi, 7:30 p.m.</p> <p>Narcotics Anonymous, E.H. Henry Bldg., 8 p.m.</p> <p>Plutonium first weighed, 1942</p>	<p><b>21</b> TOPS meeting, 9 a.m., June Mahalic's home</p> <p>Eagle Lake Rotary Club, 12:10 p.m., Community Center</p> <p>Hawaii became 50th state, 1959</p> <p style="text-align: center;">                       First Quarter                 </p>	<p><b>22</b> WMU Friendship Fellowship, 11 a.m., Sheridan Baptist Church</p> <p>Eagle Lake Lions Club, noon, Community Center</p> <p>Cancer Support Group, GCMC room A, 7 p.m.</p> <p>French went into Indo-China, 1945</p> <p style="text-align: center;">   <b>VIRGO</b>                      Aug. 23 - Sept. 22                 </p>	<p><b>23</b> Sacco &amp; Vanzetti executed, 1927</p>	<p><b>24</b> Prairie Edge Museum 2-5 p.m. *****</p> <p>Mt. Vesuvius erupted, 79</p>
<p><b>25</b> Prairie Edge Museum Open 2-5 p.m. *****</p> <p>Uruguay became independent, 1825</p>	<p><b>26</b> Commissioner's Court, 9 a.m., Courthouse</p> <p>Rice District Hospital Board, 6:30 p.m., conference room</p> <p>Eagle Lake VED business meeting, 7 p.m., fire station</p> <p>Boy Scouts, 7:30 p.m., Scout Hut</p> <p>Alcoholics Anonymous, 8 p.m., hospital cafeteria</p> <p>Krakatoa erupted, 1883</p>	<p><b>27</b> Eagle Lake City Council, 7:30 p.m., City Hall</p> <p>Narcotics Anonymous, E.H. Henry Bldg., 8 p.m.</p> <p>First commercial oil well, 1859</p>	<p><b>28</b> TOPS meeting, 9 a.m., June Mahalic's home</p> <p>50 &amp; over party, 11:30 a.m., Diner Hall, covered dish luncheon and games</p> <p>Pilot Club, noon, program</p> <p>Eagle Lake Rotary Club, 12:10 p.m., Community Center</p> <p>First radio commercial, 1922</p> <p style="text-align: center;">                       Full Moon                 </p>	<p><b>29</b> Eagle Lake Lions Club, noon, Community Center</p> <p>St. John the Baptist killed, c. 29</p>	<p><b>30</b> First Discovery flight, 1984</p>	<p><b>31</b> Prairie Edge Museum 2-5 p.m. *****</p> <p>William Saroyan born, 1908</p>

### Keeping an eye on Texas

#### Cattle ranchers suffer losses

The price per head of cattle has dropped to its lowest point since 1975 due to an abundance of cattle, the Texas drought and the increased cost of supplemental feed. Imports from Mexico appear to have little effect on the market.



SOURCES: John Sharp, Texas Comptroller of Public Accounts, U.S. Department of Commerce, and Texas Agricultural Statistics Service.

### Echándole el ojo a Texas

#### Sufren pérdidas los granjeros de ganado

El precio por cabeza de ganado ha decaído a su punto más bajo desde 1975 a raíz de una abundancia de ganado, la sequía continua y un aumento en el costo de alimento. Productos importados de México parecen haber tenido poco efecto sobre el mercado.



FUENTES: John Sharp, Contralor de Cuentas Públicas, Departamento Federal del Comercio y Servicio Texano de Estadísticas Agrícolas.

### Efficient use of landscape water a must

Homeowners throughout the area are scrambling to keep landscape plants alive and green under the current drought conditions which continue to exist, even after the recent rainfall.

With water being the substance of life, it is a resource that each of us are responsible for managing with care if we are going to make it through these dry and stressful times.

Since water is essential for healthy plant growth and often costly to apply to plants in quantity during the summer, it is important that we make efficient use of our water by getting it to the plant roots and keeping it there.

Proper watering of landscape plants tends to be one of the most misunderstood and confusing homeowners' chores. "How often should I water?" and "How much should I apply?" are the most often asked questions from homeowners.

The following are a few simple suggestions for more efficient water use. Each of us should implement our own conservation measures before water providers are forced into their own measures for restricted use.

Water as infrequently as possible, but at the first sign of wilt. Training your lawn to survive on less frequent, but thorough watering aids in reducing watering requirements.

Never water strictly by the calendar. Learn to recognize dry plants and soil and use these as your tip-off watering. Too many factors determine how fast soil dries to water on a scheduled basis. A rule of thumb is to follow when watering is to collect from 1/2 to 1 inch of water in a pan or rain gauge to determine the correct amount being applied. This technique should allow you to wet the soil to a depth of 4 to 6 inches.

When plants are dry, water thoroughly. Water lawns so that the soil will be wet at the 4" to 6" depth to encourage deep rooting and drought tolerance.

One of the worst mistakes people make on lawns is to "sprinkle" each day by using a thumb and the end of a running hose. Most people don't have the patience to stand in one spot long enough for the water to penetrate deeply.

The time of day also influences the effectiveness of watering. Early morning (2 to 10 a.m.) is considered the best time to water.

Be aware of night time temperature shifts; low temperatures accentuate disease problems. Mid-to late afternoon watering is best.

(See Watering, Page 10)

# SPORTS

## Athletic physicals scheduled for 1996

Physicals will be provided for Rice athletes by the Thomas Clinic and hospital personnel on the following dates and times:

Boys: Thursday, Aug. 1, at 6 p.m. at the PAC Center (Rice High School).

Girls: Friday, Aug. 2, 6 p.m., PAC Center.

These physicals will be given at no cost to our athletes on the above dates only. If you do not get a physical at that time, then it will cost you a regular fee at the clinic.

Athletes need to come by the PAC to pick up a physical and acknowledge of rules form so it will be properly filled out when you come to take your physical.

Buses will run from:

Garwood: 5 p.m., Garwood School; 5:15 p.m., Vox Populi.

Eagle Lake: 5 p.m., Middle School; 5:15 p.m., Altair Post Office.

Sheridan: 5 p.m., Sheridan School; 5:15 p.m., Rock Island.

Football practice will begin work. See you next Thursday and Friday.

Football practice will begin Thursday, Aug. 8, and will be from 8 a.m. to 1 p.m. each day.

## Local bowlers place in tenpin tournament

Results of the 80th Texas Tenpin Bowling Tournament are in and members of the Sealy Bowling Club are among the winners.

The three and a half month tournament saw Sealy competitors come away with four championships.

The tournament was held at the Rose Bowl Lanes in Brenham and Brenham bowlers took eight of the championships.

Other winners came from Austin and San Antonio.

The top men's scratch game in the journey, a 279, was rolled by Lenny Barrera of Brenham; Tommy Kruger of Austin took the high scratch series with 708 and the best all events with 2,034.

The women's high scratch scores were divided among three clubs. Nell Graham of Boerne had the best game of 267; Willie Wessinger of Brenham took top series with 620; and Jeannie Herzog of Rosenberg-Richmond, the high individual, all events with 1,719. Brenham's Center Drive In team won both the men's class C team event with a handicapped 2,795, and the team all events with a combined score of 8,395.

In the class C division, Sealy's Timber Ridge Apartments claimed first with a 2,739. Team members are Ricky and David Ross, Gerald Gardner and Malford Williamson.

In class C doubles, another Sealy team, Connie Epps and Ernie Sommarlatte of Eagle Lake took first with a 1,447.

Elda Williams and Elfe Thomas, also of Eagle Lake, placed second in doubles.

Wendy Herman of Sealy won the class C singles with a 768.

And, in class C events, P.J.'s Liquor of Sealy rolled a 8,212 and finished first. Team members are Connie and Wendy Herman, Becky McQueen and Margaret Kelley.

"There are thousands who can see that a statement is nonsense and yet are quite unable to disprove it formally."

—G.C. Lichtenberg

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**Withdrawal Effect Can Occur with Some Antidepressants**

Physicians working with patients requiring antidepressant therapy have observed withdrawal-type reactions to one group of antidepressants. Withdrawal symptoms can occur with a sudden discontinuation of the selective serotonin reuptake inhibitors (SSRI). Most cases involve the short-acting SSRIs such as paroxetine (Paxil), sertraline (Zoloft), and fluoxetine (Prozac). Longer acting fluoxetine (Prozac) may also cause withdrawal symptoms.

One case involved a man who stopped taking paroxetine and complained two days later of "electrical shocks" that ran through his body and down to his arms and hands. Gradual withdrawal of the medicine led to a discontinuation of the shocks. Other symptoms reported from abrupt discontinuation of SSRI medicines include nausea, high-headedness, insomnia, dizziness, fatigue, poor concentration, and mood changes.

According to a recent report in *The Annals of Pharmacotherapy*, withdrawal effects may be the result of low levels of serotonin at central nerve receptors when the medicine is discontinued. The condition tends to resolve on its own over several weeks. It is suggested by some clinicians that SSRIs doses should be tapered gradually before they are discontinued altogether.

**Jerry Tidwell**

McQueen of the *Snyder Daily News* and Larry Crabtree, publisher of the *Vernon Daily Record*. McQueen served as president of Texas Press Association in 1989-90, as did Crabtree, in 1992-93.

Tidwell majored in management and graduated from Texas Christian University in 1967 with a bachelor's degree in business administration. After graduation, he worked for four years as an industrial engineer at Ling

Tempco Vaught in Fort Worth. He began his newspaper career in 1970 as advertising manager of the *Andrews County News*, under the guidance of publisher James Roberts.

He transferred to the *Seminole Sentinel*, where he was advertising manager for three years. In 1976 he was named publisher of the *Lamb County News* in Littlefield, and in 1979 became publisher of the *Hood County News*.

Founded in 1886, the *Hood County News* is the oldest business in Hood County. The newspaper once was owned by A.W. Crockett, grandson of Alamo hero Davy Crockett.

The *Hood County News* also holds the distinction of being Texas' largest rural semi-weekly newspaper with a paid circulation of 9,714. It is a consistent award winner in better newspaper contests.

Tidwell married his high school sweetheart, Yana, in 1966. They have two children: Jamie, 28, a certified public accountant at Cook's Children's Hospital in Fort Worth, and Derek, 25, who works at the *Hood County News* in the camera and platemaking department.

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